

Train Plan Training

Speaking and Presentations

Public Speaking

- The first book on the art of public speaking (known then as Rhetoric) dates to the 4th Century BC and was written by Aristotle
- Three aspects to successful public speaking
 - Ethos, Pathos and Logos (Logic)
- More recently the focus has changed from “**What we say**” to “**How we say it**”

Syndicate Exercise

- From the selections provided choose:
 - » An item of verse
 - » A reader
- Review/Rehearse
- Deliver it back to the group

Rules for Successful Presentations

- You cannot prepare enough
- Never Apologise
- Less is Better
- Write up Flip Charts in Advance
- Speak How You Speak NOT how you write
- Its fine to feel nervous
- Comedy is for Comedians
- Allow time for questions
- Use sign posts